# Emergency Services/Hotlines:

**National Suicide Prevention Hotline: 1-800-273-8255**

**The Access Help Line: 1-888-793-4357** (This 24-hour, seven-day-a-week telephone line is staffed by Dc Department of Mental Health behavioral health professionals who can refer a caller to immediate help and/or ongoing care.)

**Department of Behavioral Health (DBH) list of community-based providers**

## Services that may be able to assist with bill pay, housing, free food, more:

- **D.C.**
  - Catholic Charities Resource Guide (as of May 2019)
  - Southeast Family Center
  - Bread for the city
  - SMYAL
  - Sasha Bruce
  - Covenant House DC:
    - Housing
    - Support Services
  - Greater Washington Urban League:
    - Rental assistance
    - Utility assistance
  - Latin American Youth Center DC services:
    - Transitional Housing (call the outreach center, listed program manager's number does not work)
    - DC Prevention Center Wards 1&2

- **Prince George's County**
  - Catholic Charities Resource guide (as of March 2019)
  - A list of low-income apartments in PG County
  - Emergency shelters in PG County

- **Montgomery County**
  - Catholic Charities Resource guide (as of June 2019)
  - Catholic Charities Center (you do not have to be religiously affiliated to receive services)

- **Charles County**
  - Catholic Charities Resource guide (as of March 2019)

# Services available to anyone regardless of current or former address

- **Community Family Services**
    - [Drop-In Center](#)

- **[N Street Village](#)**

- **Latin American Youth Center**
    - [Mental Health treatment](#)
    - [Food and Nutrition program](#)
    - [Substance Use treatment](#)
    - [Behavioral Services for Homeless youth](#)

- [CFSA Rapid Housing Assistance Program (RHAP)](#)

The Catholic Charities Resource Guides are updated occasionally. In the event that any of the links for the resource guides are broken, visit their [home page](#) for updated resource guides and e-mail [Zhanae@dcfyi.org](mailto:Zhanae@dcfyi.org) so that I can update links.